



STEPPING STONES

Triple P

GROUP PROGRAM

A Positive Parenting Program tailored to meet the needs of parents who have children 0-12 years with a disability or developmental delay.

Stepping Stones Triple P can help you:

- * Manage problem behaviour & developmental issues common in children with disabilities.
- * Encourage behaviour you like
- * Cope with stress
- * Develop a close relationship with your child
- * Teach you child new skills

WHEN: Wednesday evenings - 5.30 – 8.00 pm

The program runs for 9 weeks, the first 5 weeks are face to face

From 9th of February until 6th of April, 2022

It is important to commit to coming each week

LOCATION: Treehouse, 1 Thorpe Ave Queanbeyan

It's FREE

Workbooks, refreshments provided

For further information or to register a place please contact either:

Paola Mendez ph 6297 2167 or Karen Mills ph 6299 7271

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Please Register by 26th January, 2022 - Places are limited

(Childminding unavailable for this course)