

# Queanbeyan Schools as Community Centres - SaCC & Partners

## Activities - Term 3/ 2022

**IMPORTANT:** We are running all groups following NSW Health and NSW Education guidelines. PLEASE call/contact the key person (follow the colours), to get more information, register and join any group.

### • Mondays •

Let's Do Yoga, SaCC, 9.30 am  
Snuggle'n Sing, Qbn Baptist Church, from 9.30am  
Toddler Time, Queanbeyan Library, 10 am  
Triple P - Stepping Stones, QP School, 11 am  
Storytime & Connection, Blackall Ave Park, 11.30 am  
Bogong Boori's Playgroup (Aboriginal and Torres Strait Islander children), Qbn South PS, 12 pm

### • Tuesdays •

Supported Playgroup, SaCC, 9.30 am  
Infant Massage, Tresillian, 12 pm

### • Fridays •

Multicultural Playgroup, SaCC, 9.30 am  
Baby Bounce, Queanbeyan Library, 10 am  
Infant Massage, SaCC, 12 pm  
PLAYBA group, SaCC, 1.15 pm

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We are receiving EOIs for groups for

Circle of Security & Triple P (Standard and Stepping Stones) Parenting Courses

\*For details about each group, please look on the next page and/or contact in work hours

Paola (Queanbeyan SaCC) ph. 02 6297 2167 - email: Paola.Mendez@det.nsw.edu.au

\*\*Queanbeyan SaCC is located on Isabella Street, Queanbeyan (Queanbeyan Public School grounds)

### • Helping Hands Program Groups •

For more information and to register, contact Helping Hands Program ph. 0417 154 583 or email: alesha.tuakoi@campbellpage.org.au

### • QPRC Library Activities •

For more information and to register, please contact QPRC Library on their website: <https://library.qprc.nsw.gov.au/services/children>

### • NSW Aboriginal Health •

For more information and to register, please contact Skyan (02 6150 7000) or Deeanne (0448458424)

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### • Wednesdays •

Kindy Gym, SaCC, 9.30 & 11 am  
Storytime, Queanbeyan Library, 10am  
Storytime, Braidwood Library, 10 am  
SaCC Specials, SaCC, 12.30 pm

### • Thursdays •

Transition to School, SaCC, 9.30 am  
Storytime, Bungendore Library, 11 am  
Transition to School, Qbn East, 1 pm  
Tiny Tots, Qbn Baptist Church, 10am  
Bungendore playgroup, Community Centre, 10am  
Terrific Toddlers, Qbn Baptist Church, 12.30 pm  
Circle of Security, St Matthew's Church, 6 pm

First day of Term 3: Tuesday, 19 July Last day of Term 3: Friday, 23 Sept

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Education

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Health Southern NSW Local Health District



Tresillian IN SOUTHERN

QPRC

# A little bit more information about some of the groups

## Activities Term 3/ 2022

### • Let's Do Yoga •

Join Suzzana Thell, director of Yoga Garden for 9 sessions of creative yoga play, deepening connections with self, nature & one another.

To register, please contact Paola.

### • Storytime & Connection •

A Storytime & Parents Connection group in Queanbeyan West (Blackall Avenue Park) for families with children from 0 to 5, to listen to stories, share songs and connect with other parents.

To register, please contact Paola.

### • Bogong Boori's Playgroup •

Come and have fun with your Boori's! Meet new people, experience culture and get information on services. To register, please contact Skyan or Deeanne from NSW Aboriginal Health.

### • Snuggle'n Sing •

A fun and relaxed time to bond with your child to sing songs and tell rhymes. There are limited places.

To register, please contact Helping Hands Program.

### • Tiny Tots •

Come along for some song and playtime with your children. To join the "Queanbeyan Tiny Tots Parents Group" follow the Facebook Page or contact Helping Hands Program.

### • Terrific Toddlers •

A Playgroup just for the Terrific Toddlers. Younger siblings are welcome. Social interaction for parents and their children. Toddler specific information sessions. To keep up to date with current activities follow the "Terrific Toddlers" Facebook Page group and contact Helping Hands Program.

### • Bungendore Playgroup •

We will be meeting at Bungendore Community Centre with other mums, dads and grandparents. Play with your little one to help them develop lots of new skills in a fun and safe space. For more information, follow the "Bungendore Playgroup" Facebook Page group or contact Helping Hands Program.

### • Supported Playgroup •

A playgroup for families with children from 0 to 5 years. Join us to play and help your child to develop lots of new skills in a fun and safe space, and connect with other parents and local community services. Group for babies and older children occur every fortnight.

To register and be placed in a group, please contact Paola.

### • Kindy Gym •

A fun, gymnastics circuit for children 3.5 - 5 years, who may be starting school in 2023. Run by a qualified Southern Canberra Gymnastics Club coach. Kindy Gym has a wait list. To register, please contact Paola.

### • Transition to School Playgroup •

This group will be run at SaCC and at Queanbeyan East Public School, for children 3.5 - 5 years, who may be starting school in 2023 and have no other formal childcare available. Run by a qualified teacher. We focus on the skills children need to get ready for school.

To register, please contact Paola.

### • Multicultural Playgroup •

Come along to meet other dads, mums, grandparents and carers, to play and help your little ones develop new skills. Together let's share our diversity.

To register, please contact Paola.

### • Infant Massage •

A rewarding activity for both you and your baby, and meeting other parents. Join in the fun with easy to follow, step-by-step, in-class demonstrations over four (4) sessions. To register and be located in a group, please contact Paola.

### • pLAyBA group •

A space to connect with other new parents with little ones from 0 to 12 months. A group lead by a local mum with the Australian Breastfeeding Association (ABA) support. For more details and register, please contact Paola.

### • Queanbeyan SaCC Dads' Group •

An online/live support group where dads and father figures can gather, share, learn and laugh with each other and their kids. Stay tuned by Facebook and/or contact Paola to receive the QR access and get more information about events during the term.