



Circle of Security

INTERNATIONAL™

Early Intervention Program for Parents & Children



Circle of Security Parenting Course

Location

Queanbeyan SaCC Room
15 Isabella Street, Queanbeyan
(Queanbeyan Public School grounds)

Dates

Tuesdays
13th February until 2nd April 2024

Times

4 pm to 5.30 pm

Cost: FREE

Manual and light refreshments provided

Who should attend?

Group focus is for new parents with babies under 12 months.

How to register?

Please contact the Queanbeyan SaCC office by calling at ph. 02 62972167 or email:
paola.mendez@det.nsw.edu.au

Limited places

****Please, note we are not able to offer childminding for older siblings during this course****

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Program:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure



Education

SaCC

Schools
as
Community
Centres

