



Infant Massage Group Classes



© Paola Mendez

Attending an infant massage class is a fun and rewarding activity for both, parents and your baby.

Meet other local parents and join in the fun with easy to follow, step-by-step, in-class demonstrations.

For more information on the infant massage classes or be located in a group at **Queanbeyan SaCC**, contact Paola at **ph. 02 62972167** or send an email: **paola.mendez@det.nsw.edu.au**

The group are for parents with a baby under 8 months or before start crawling

Paola Mendez is an Infant Massage Instructor certified by Infant Massage Information Service (IMIS)

