

# "Let's Do Yoga"

Join Suzanna Thell, Director of the Yoga Garden, for a term of creative yoga play, deepening connections with self, nature & one another



<b>Who is it for?</b>	Children from 3 - 5 years & their parents
<b>When is it?</b>	Mondays, 9.30am on Term 1, 2024
<b>Where is it?</b>	SaCC Room (Isabella Street, Queanbeyan Public School grounds)
<b>How to join?</b>	Book your place by calling Paola (02) 62972167 or sending an email <a href="mailto:paola.mendez@det.nsw.edu.au">paola.mendez@det.nsw.edu.au</a>

**Free classes – BOOK NOW – places limited!**