



## Infant Massage Classes - 2021



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Attending an infant massage class is a fun and rewarding activity for both, you and your baby. Meet other local parents and join in the fun with easy to follow, step-by-step, in-class demonstrations.

For information on infant massage classes or be located in a group at **Queanbeyan SaCC**, contact Paola at [paola.mendez@det.nsw.edu.au](mailto:paola.mendez@det.nsw.edu.au) (for parents with a baby under 8 months, four sessions program).

**Paola Mendez** is an Infant Massage Instructor certified by Infant Massage Information Service (IMIS)



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