

Queanbeyan Public School

Anti-bullying Plan 2019

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Queanbeyan Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Anti-Racism officer intro, Buddy Benches, Better Buddies, What is Bullying? eSafety Virtual c/rooms S3
Term 2	Strategies for dealing with and reporting bullying, How to be an 'Upstander' PBL lessons, parent session
Term 3	Continued PBL lessons and expectations focus - respectful relationships, eSafety S2
Term 4	Better Buddies, PBL

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Anti-Bullying Policy, Anti-bullying Plan 2019, Student Discipline Policy, Buddy bench protocols
Term 2	Building Respectful relationships, being an 'Upstander' dealing with & reporting bullying p/gnd supports
Term 3	Review Buddy Benches - amend protocols if necessary, teaching pro-social skills,
Term 4	LST referral process,

1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Induction program for new casuals outlining - conducted by Principal or Deputy Principal

- Anti-bullying policy
- Anti-bullying Plan 2019
- School Expectations
- QPS Student Discipline Policy and Behaviour Code for Students
- How to deal with and report bullying
- Better Buddies @ QPS
- Coral slip and reporting procedures
- School personnel (Anti-racism officer, LST, executive staff,
- PBL resources (server)

2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Term 1	Anti-bully Plan 2019 P&C consultation
Term 2	What is Bullying?, Buddy Bench Parent Session
Term 3	Being an Upstander - ISA News
Term 4	Better Buddies - QPS class Buddies - ISA News

3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

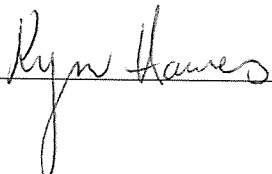
- Weekly PBL lessons in vertical groups
- Whole class lessons focusing on pro-social behaviours
- Small group intervention by Learning and Support Teachers
- Better Buddies - assembly and in buddy groups
- Buddy Bench
- Class Buddies Program
- Anti-bullying
- Kids Matter

Completed by: Lyndal de Ligt

Position: Deputy Principal (rel)

Signature:  Date: 2.4.19

Principal name: Kym Hawes

Signature:  Date: 2.4.19